



VELAMMAL MEDICAL COLLEGE

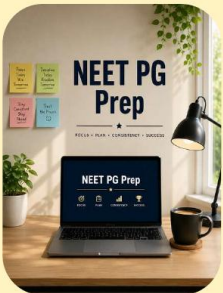
Presents

NEET PG ORIENTATION PROGRAM

When to attend?
Wednesday, 20th May, 2026
4.45 pm – 5.30 pm

Who can attend?
CRMIs and MBBS students

Where to attend?
3rd Floor Hospital Auditorium



NEET pg orientation program Program Schedule		
Time	Agenda	Speaker
04.45 pm	Welcome address	Dr.R.Durai Arasan, Assistant Professor
04.50 pm	Inauguration speech	Dr.T.Thirunavukkarasu, The Dean, VMCH&RI
04.55 pm	Introduction of the speaker	Mr.Vijay Vignesh G, Final year student
05.00 pm	The Intern's Edge: Your Roadmap to PG Entrance Success	Dr.B.Prem, Senior Assistant Professor, Department of Physiology, Government Medical College and Hospital, Cuddalore District
05.30 pm	Vote of thanks	Mr.Vikaash Annaamalai B K, Final year student

The department of Physiology organized the NEET PG orientation program on 20th May 2025 from 4.45 pm to 5.30 pm in 3rd floor auditorium in VMCH & RI. Dr. Prem Balaguru, Senior Assistant Professor, Department of Physiology, Government Medical College & Hospital, Cuddalore district was the invited speaker. The welcome address was given by Dr. R. Durai Arasan, Assistant professor, Dept of Physiology, VMCH & RI.

Dr. Prem began the session by acknowledging the wide range of questions submitted by students before the orientation. Their queries reflected common concerns about when to begin NEET-PG and INI-CET preparation, how to balance entrance preparation with the MBBS curriculum and internship, choosing the right study resources, planning revisions and MCQ practice, avoiding burnout, and understanding the overall roadmap from MBBS to postgraduate entrance. Using these questions as a framework, he structured the session to address the most common doubts faced by aspiring candidates. Drawing from both academic expertise and practical experience, he highlighted the misconceptions that often derail students even before their preparation begins. He explained that misinformation, peer pressure, and social media narratives have created a distorted picture of what it truly takes to succeed in competitive postgraduate entrance examinations. Rather than offering a one-size-fits-all formula, he focused on practical strategies that students could adapt to their own stage of MBBS and individual learning styles.



Department of Physiology,
Velammal Medical College Hospital & Research Institute, Madurai



The discussion was organized around four broad themes: debunking common myths surrounding preparation, cultivating the right mindset, developing a structured strategy for NEET-PG and INI-CET, and creating a personalized study plan. Through these themes, Dr. Prem addressed the majority of the questions raised by participants while providing a clear and realistic roadmap for long-term preparation.

The session was well received by the 188 students who attended the program. Dr. Prem was gracious enough he allot time in the end for interaction with the students.

